

Weekly Menu



Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course - £2.25	Tuna & Sweetcorn Pasta Bake	Chilli Con Carne	Roast Pork Dinner With Gravy	Chicken Curry	Fish
Vegetarian - £2.25	Vegetable Chilli	Mac & Cheese	Curious Tikka	Vegetable Sweet & Sour Noodles	Curious Brummie Balti
Vegetables from £0.55	Medley Of Vegetable Brown Rice Steamed Carrots	Medley Of Vegetable Rice Green Beans Garlic Bread	Peas Rice Roast Carrots Roast Potatoes	Sweetcorn Rice Broccoli	Baked Beans Rice Peas Chips
Potatoes from £0.75					
Jacket Potato From £1.60	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans
Salad £0.55	Side Salad	Side Salad	Side Salad	Side Salad	Side Salad
Dessert - £1.05	Banana Bread & Custard Or Fruit	Syrup Sponge & Custard Or Fruit	Coconut Rice Pudding & Jam	Marmalade & Ginger Sponge & Custard	Cornflake Cake

Weekly Menu



Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course - £2.25	Beef & Onion Pie (H)	Lemon & Herb Chicken With Lebanese Tabouleh	Roast Gammon & Gravy	Chilli Beef	Fish
Vegetarian - £2.25	Butternut Squash, Sage Tomato Pasta	Quorn Fillet With Tomato & Basil Sauce,	Vegetarian Chilli	Chana Masala	Spinach & Tomato Tart Salad
Vegetables from £0.55	Baked Beans Sweetcorn Paprika Wedges	Braised Red Cabbage	Roast Carrots	Medley Of Vegetables Rice Broccoli Wedges	Peas
Potatoes from £0.75		Peas New Potatoes	Green Beans Roast Potatoes		Baked Beans Chips
Jacket Potato From £1.60	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans
Salad £0.55	Side Salad	Side Salad	Side Salad	Side Salad	Side Salad
Dessert - £1.05	Marmalade And Ginger Sponge With Custard' Or Fruit	Butternut Squash 'Peel' Muffin Or Fruit	Sticky Toffee Pudding & Custard Or Fruit	Carrot Peel And Sultana Flapjack Or Fruit	Banana Bread & Custard Or Fruit

Weekly Menu



Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course - £2.25	Toad In The Hole	Burrito (H)	Hong Kong Chow Chicken & Vegetable Rice Stir Fry	Cottage Pie	Fish Friday
Vegetarian - £2.25	Jambalaya Flat Bread	Vegetable Burrito	Vegetable Chow Mein	Potato, Leek & Cheddar Slice	Vegan Bolognese Fusilli Pasta
Vegetables from £0.55 Potatoes from £0.75	Sweetcorn & Braised Red Cabbage New Potatoes	Red Cabbage Coleslaw Sweetcorn & Peppers Baked Wedges	Roast Carrots White Cabbage with Peas Roast Potatoes	Broccoli Medley of Vegetable	Peas or Baked Beans Chips
Jacket Potato From £1.60	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans	Humble Spud Cheese/ Beans
Salad £0.55	Side Salad	Side Salad	Side Salad	Side Salad	Side Salad
Dessert - £1.05	Jam & Coconut Sponge With Custard Or Fruit	Banana Bread & Custard Or Fruit	Apple, Cinnamon And Date Crumble With Custard' Or Fruit	Carrot Peel And Sultana Flapjack Or Fruit	Coconut Rice Pudding & Fruit Jam Or Fruit