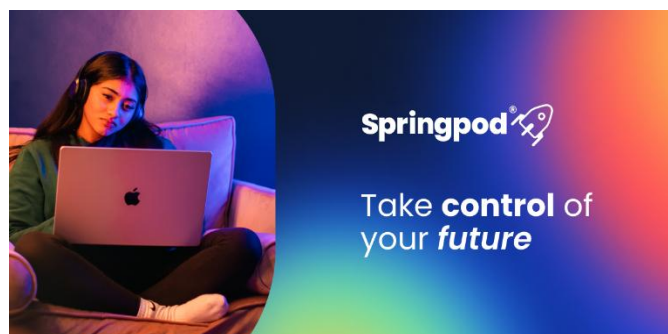


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Springpod 

Take **control** of your *future*

Springpod Work Experience is a free online platform offering virtual programmes that help young people aged 14+ explore career options, develop employability skills, and gain insights into a variety of industries. These interactive and flexible programmes are recognised by employers and universities, making them a valuable addition to any CV or personal statement.

The Gresham College Lecture Programme is a series of free public lectures delivered by leading academics and professionals across a wide range of subjects, including Mathematics, Law, History, Politics, Science, Music, Economics, Philosophy and more. Each hour-long lecture provides an excellent opportunity for Sixth Form pupils to engage in super-curricular learning, explore their chosen subjects in greater depth, and strengthen their university applications by demonstrating intellectual curiosity beyond the classroom.



The UCAS Parent Newsletter is a free monthly email designed to help parents, guardians, and carers support their child through the university or apprenticeship application process. If you haven't experienced the UCAS process before—or not for a long time—it can feel overwhelming. By signing up, you'll receive timely updates, clear guidance on each stage of the application, expert advice on personal statements, course choices, and interviews, as well as essential information on student finance and key deadlines.

The Young Professionals Conference is a free, in-person careers event that connects pupils with leading employers, apprenticeship providers, and industry experts through interactive workshops, networking opportunities and inspiring talks. The conference offers valuable insights into diverse industries, practical employability skills and real-world career pathways, making it an excellent opportunity for pupils in Year 10 and above to explore future options and enhance their career readiness.



If you have feedback about the careers programme at Adams please [contact me](#).

