

Early Help

The school uses their discretion to offer the following Early Help strategies where appropriate:

Early Help Intervention	Year/Target Group	Summary of Intervention
Mentoring programmes	All	Via the Learning and Intervention Centre (LINC) or Inclusion Officer, 1:1 or small-group programmes are designed to help those with barriers to learning work with staff to overcome them.
Academic mentoring	All	Academic mentoring is available in most subjects for pupils to receive 1:1 or small-group support from either teachers or senior pupils.
Individual Healthcare plans	All	Those with specific medical needs and their families will all work with our Health and First Aid Coordinator to design a plan to ensure their safety and enjoyment in school.
Individual welfare plans	All	Those with specific welfare needs may have plans agreed between families and school to ensure safety and wellbeing.
Special Educational Needs and Disabilities (SEND)/Inclusion Interventions*	All	A variety of intervention programmes are in use in school for specific circumstances. See below for a list of those that are currently in us.
Emotional Literacy Support Assistant (ELSA) programmes	All	We have a member of staff in school who is a qualified ELSA and offers emotional support programmes and interventions to those that need this.
Pastoral support from the House Team	All	All pupils have a form tutor, deputy Head of House and a Head of House who are all able to provide pastoral support and an interest in our pupils.
Attendance support through Attendance Officer/Educational Welfare Officer (EWO)	All	Those who are struggling to attend school or attend punctually and their families will be offered support through our Attendance Officer and/or our EWO. Support may also be in place through the LINC in the cases of school refusal or EBSA (see Interventions below).
Internal counselling	All	Through a referral process the school employs a trained counsellor who comes in one day per week. This typically is for 45-minute sessions over six weeks. This is a confidential service unless there are safeguarding concerns that will need to be shared.
Progress trackers	Lower School	Those who need additional monitoring following a dip in progress or effort may be placed on a progress tracker where comments on their agree targets are made by teachers in every lesson.
Learning Support Advisory Team (LSAT) support	Those on the SEND register	The school has a Service-Level Agreement (SLA) with the local authority to provide support for those with specific learning support needs or difficulties.
Behaviour Support Advisory Team (BSAT) support	All	The school has a Service-Level Agreement (SLA) with the local authority to provide support for those with specific behavioural support needs or difficulties. This will typically be used when a pupil has faced multiple suspensions.
Use of Alternative Provision (AP)	All	In an effort to avoid permanent exclusion and to break a cycle of poor behaviour, the school may engage with an alternative provider to educate a pupil for an agreed period of time. This could be with another school or a specific AP provider.

Mental Health First Aid Practitioners	All	The school has several members of staff who are trained in mental health first aid and provide support/signposting to those in need.
Student Safeguarding Board	All	In addition to the trained staff, the House wellbeing captains are also trained in mental health and safeguarding matters and operate a drop-in to students once a week.
Emotional literacy for boys	Boys	A programme specific to boys to support their emotional literacy.
Girls on Board	Girls	A programme specific to girls to support friendships and support.
Haberdashers' Adams Racist Incident Education Team (HARIET)	All	A restorative practice to help prevent future/repeated racist incidents.
Helping Children with Loss	All	The school has several members of the school and boarding staff trained in helping children deal with loss. This can be used for a number of different types of loss, but is mostly used in the build up to and/or following the bereavement of a close family member.
Redefine – work and interventions	All	A student-led group within the school that is designed to tackle racism within the school. The staff involved and senior students do also carry out interventions and mentoring with certain pupils.
Marsha P. Johnson – work and interventions	All	A student-led group that is designed to support and provide advocacy to those within the LGBTQ+ community and their allies.
Leadership activities	All	There are various leadership activities that take place during certain year groups and at certain times of year. All students have the opportunity to develop leadership skills in all year groups at Adams'.
Behaviour contracts	All	In use for pupil's and parents to agree to the school's behaviour expectations.
Form Prefect mentoring	Lower School	Each lower school form has two senior prefects attached to it. These prefects can be used to mentor pupils within their forms through shared lived experiences.
Exit Cards	All	In place for certain students who may need to temporarily leave the classroom before returning to it.
Modified timetables	All	In place to support the attendance of pupils who may be persistent absentees/school-refusers or suffer from EBSA (see Interventions below), or for those whose behaviour at certain times needs supporting.
Sixth Form Agreements	Sixth Form	A tiered system that supports Sixth Form pupils who may need additional support/guidance for academic progress and the management of their personal workloads.
School nursing team	All	The school nurse is on site weekly but also offers an out-of-hours text service. Referrals and self-referrals can also be made for support in a variety of ways for many reasons relating to physical, mental and sexual health.
Literacy Intervention	All, but main focus on Y7 pupils	All students undertake a baseline literacy assessment upon entry to the school. From this or from English lessons certain pupils are supported in literacy interventions to boost their literacy.
Quiet Space	All	The school library is open Monday-Thursday until 5pm as a supervised quiet space to allow students to have a quiet space to support their homework.

Extra-curricular activities	All	There is a wide-variety of extra-curricular programmes available to all pupils to support their passions, interests, confidence and self-esteem and mental health.
Pupil (PP)/Service Premium (SP) Support	PP/SP pupils	All those in receipt of pupil or service premium have a staff mentor and various opportunities for support as highlighted in our Pupil Premium Strategy.

*Interventions include:

- Skills builders (Team work / Self -esteem)
- Teen self–esteem
- Control my thunder
- Teen self–assertive
- Teen self–worth
- Teen self–understanding
- Teen self–responsibility
- EBSA (emotional based school avoidance) – school thoughts and feelings
- EBSA – Coping with school - worried
- Anger workbook for Teens
- Managing the Difficult Emotions
- Dealing with Feelings
- Empathy, the hear masters
- Stress & Anxieties
- Beyond Exam stress
- Blob Tree
- Cognitive Behaviour Therapy (CBT) – Trauma informed strategies
- All about me - secondary
- My thoughts and feelings diary
- Feelings workbook
- Respect Workbook
- Think good, feel good
- Talkplus – Cognitive restructuring
- PATH
- MAP
- Feelings Dictionary
- Loneliness program
- Emotional Health
- Talking Helps
- Expressing Feelings
- Building resilience
- Starving the stress gremlin
- Starving the anger gremlin
- Starving the Exam Stress Gremlin
- Talk for Work