

CareersInsights

These newsletters normally focus on pupils in Year 10 and above as they prepare to make important decisions about their future. This week is focused on supporting pupils in Year 7, 8 and 9 to think about the future and the resources available to help them.



Take the Buzz Quiz

To help you discover your strengths and what makes you tick and to understand how others may see you. Explore subject choices and jobs that could suit you in the future.



Celeb job swap challenge: Dr Ranj vs DJ Charlie Tee

Surely an NHS Doctor and a Radio 1 DJ have completely different skills? Find out what Dr Ranj and Charlie Tee discovered about their transferable skills.

Where could your favourite subject take you?

Whether you love history, maths, computer science or art there's a career choice that will allow you to pursue your passion. Hear from people who are using subjects that interest you, and find out what qualifications you might need to follow in their footsteps.



Think all sports coaches did PE or all lab technicians did Science? Think again! Take a look at the videos in this quiz and see if you can guess what jobs people do simply by finding out about what they studied for their GCSEs?

THE TOP 5 JOBS

- 5 Nurse
- 4 Lawyer
- 3 Teacher
- 2 Engineer
- 1 DOCTOR



The results from this survey, about the jobs UK teenagers want, closely match what we see at Adams – Engineering and Medicine are the two most popular subjects for our post 18 leavers. Click on the image above if you'd like to read more and find out which companies young people want to work for and what they are motivated by – the good news is that **happiness** and a sense of **job satisfaction** are the two biggest motivators for today's teens.



If you have feedback about the careers programme at Adams please [contact me](#).